

Self-Directed Services



What is self-direction?

Self-direction is all about your choices: you decide who provides your care, you set your schedule, you show people how you want to be cared for, and you manage your budget.

- Hire people you trust – friends and family can provide your care
- Choose the services you direct – you decide how many or how few services you manage
- Your care team will support you – they're here to help with questions or if you want to change your plan

Learn more online!

www.mychoicewi.org/self-directed-supports

What kinds of services can I self-direct?

- Personal cares – bathing and dressing
- Employment support – your job coach, work transportation
- Chores – grocery shopping, laundry, lawn care

I'm Interested! What's Next?

- Not a member of Family Care or Partnership? Contact your local ADRC to learn more about the programs.
- If you are already a member of My Choice Wisconsin, Family Care or Partnership, talk to your care team to get started!
- You can change your plan at any time.

Contact

Toll-Free: 800-963-0035

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www.mychoicewi.org

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