



## **My Choice Wisconsin Medication Therapy Management Program Managed by Elixir**

### **Medication Therapy Management (MTM) Program**

As a My Choice Wisconsin member, you may be eligible for our Medication Therapy Management (MTM) Program at no additional cost to you. This program is not a plan benefit, but an additional free program meant to help members manage their health. The MTM program is designed to assist members who may benefit from additional support with their Part D medications. If you are taking multiple prescriptions, have high drug costs, and have several chronic health conditions, you are likely to qualify.

### **How do I qualify?**

Enrollment in this program is automatic; there is no need to apply. My Choice Wisconsin provides an MTM program for members who meet all the following criteria:

- Have at least three (3) of the following chronic diseases:
  - Alzheimer's Disease
  - Bone Disease-Arthritis-Osteoporosis
  - Diabetes
  - Dyslipidemia
  - Hypertension

AND

- Take at least eight (8) Medicare Part D drugs

AND

- Are likely to have medication costs for covered Part D medications greater than \$4,376 per year

### **What happens next?**

If you qualify for our MTM program, you will receive a letter with additional details. You will also become eligible to receive a comprehensive medication review (CMR) with one of our nurses or pharmacists. In addition, your drug information will also be analyzed for potential drug-drug interactions, side effects, and gaps in care. These are called Targeted Medication Reviews.

### **Why did I receive a phone call?**

We are calling you to schedule or complete your comprehensive medication review. A comprehensive medication review (CMR) is an opportunity to discuss all your current

medications, including over-the-counter medications and dietary and herbal supplements, with a nurse or a pharmacist. During your CMR you will have an opportunity to ask questions. The CMR takes about 20 to 30 minutes. After your review, you will receive a printed Personal Medication List and Medication Action Plan to keep for your records. Please call us back at 1- 866-342-2183 Monday through Friday 8 am to 4 pm CST to schedule or complete your CMR (TTY users should call 711).

**Am I obligated to participate?**

Although we encourage members to take advantage of our valuable program, you do have the option to opt out of the program. If you do not want to take part in the program or if you have questions, please call our Medication Therapy Management department at 1-866-342-2183, Monday through Friday 8 am to 4 pm CST; TTY users should call 711.

**Who do I contact for additional information?**

For additional information, please contact Elixir MTM Customer Service. You may also call the number below if you need a copy of your Personal Medication List or Medication Action Plan.  
1-866-342-2183

TTY users may call 711

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