

CPI Philosophy

CARE

Respect, dignity, empathy,
person-centered

WELFARE

Maintaining independence,
choice, and wellbeing

SAFETY

Protecting rights and
minimizing harm

SECURITY

Safe, effective, harmonious, and
collaborative relationships

**Your Approach
Changes Everything**



Take a deep breath



Choose your words carefully

**Contact us to
schedule a training**

behavioralhealth@mychoicefamilycare.org



**Crisis
Prevention
Institute (CPI)
Instruction**



My Choice Wisconsin Offers Crisis Prevention Institute (CPI) Instruction

Nonviolent crisis intervention provides your staff with the skills to safely recognize and respond to everyday crisis situations. By being prepared for crisis, we can actively work to prevent it.

Our training helps caregivers gain specialized expertise to help them better support the target populations served by our organization.

All behavior is a form of communication.

Program Objectives

- **Identify** and learn how to respond to various levels of crisis behaviors.
- **Recognize** how to manage your own consistent, calm behavior to influence a positive outcome in a crisis.
- **Learn strategies** to strengthen your ability to verbally intervene to de-escalate defensive behaviors.
- **Learn safety intervention** strategies to maximize safety and minimize harm.
- **Demonstrate and practice** non-restrictive and restrictive interventions.
- **Explore** framework to help guide staff in re-establishing the therapeutic relationship with the individual in distress following the behavior and interventions.

Diverse Training Options

Classroom

Two eight-hour consecutive days of in-person classroom training

Online + Classroom

Four hours of online modules + eight hours of in-person classroom training