



# 2021 Partnership Chronic Care Improvement Project

## REDUCE HOSPITALIZATIONS FOR MY CHOICE WISCONSIN PARTNERSHIP MEMBERS WITH CHRONIC HEART FAILURE THROUGH IMPLEMENTATION OF TARGETED CONSULTS AND USE OF A SELF-MANAGEMENT TOOL

Heart failure is a serious condition that occurs when the heart cannot pump enough blood and oxygen to support other organs in the body. People with diabetes, high blood pressure and obesity are at higher risk of developing heart failure. Individuals with heart failure will often experience symptoms which can lead to repeated visits to the hospital. Hospitalizations are stressful for the member and their supports! Knowing the early signs and symptoms can help the member get in contact with their doctor to prevent stressful hospitalizations and support a stable lifestyle.

Each year we choose a project to improve the lives of our members and the care they receive. These projects are approved by the WI Department of Health Services and reviewed by a third-party external quality organization. Results are reported to the State of Wisconsin.

How to reduce hospitalizations related to Heart Failure:

- 1 Increase Heart Failure awareness** through targeted education provided by FCP NP/PA and RN
- 2 Utilize Heart Zone Tool** daily to monitor symptoms and identify concerns early
- 3 Encourage member empowerment** through health monitoring and provider relationship