

2022 MEMBERS

ADRC of Washington County **ATI Physical Therapy** Cedar Community **Christian Family Solutions** Germantown Community Library Interfaith Caregivers of Washington County My Choice Wisconsin **Right at Home** The Threshold Inc. **Thrivent Financial** Toe Nail Trimmers LLC Myrhym Patten Funeral Home

The mission of the Washington County **Caregiver** Coaltion is to support and strengthen caregivers through advocacy, education and community resources.



CONFIDENT **CAREGIVER** CONFERENCE **2022 SPONSORS**









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CONFIDENT CAREGIVER CONFERENCE



Wednesday, May 25, 2022 10:00 am-2:30 pm Moraine Park Technical College 2151 North Main Street West Bend



Caregiving is not easy!

Most caregivers never planned to be caregivers, whether for a spouse, a parent, a sibling or a friend. As a result, most caregivers are not trained for many of the tasks that are necessary to provide care safely and confidently.

The Washington County Caregiver Coalition has lined up presenters to share information on scams, proper body mechanics and stress management to provide you with information to help you on your caregiving journey.



What is included?

Participants will attend three education sessions as described below:

- Scams and Seniors
 - Lt. Tim Kemp
 Washington County Sheriff's
 Department
- Body Mechanics
 - Abi Jans, PT
 Cedar Community
- Stress Management
 - Mona Dickmann
 - Ashlie Koerber ADRC of Washington County

Schedule of Events

- Registration 9:45 am-10:00 am
- Vendor fair 10:00 am-10:30 am
- Session 1 10:30 am-11:15 am
- Vendor fair 11:15 am-11:45 am
- Session 2 11:45 am-12:30 pm
- Lunch Cousins Sub box lunch
- Session 3 1:00 pm-2:00 pm
- Wrap up and door prizes 2:00 pm

Vendor Fair

Learn about the different services available in Washington County by visiting with members of the Washington County Caregiver Coalition.

Registration

Complete the form below and return to the ADRC along with \$5.00 by <u>MAY 20</u> (please make checks payable to Washington County Treasurer).

NAME	
ADDRESS	
CITY/STATE/ZIP	,
PHONE	, ,
EMAIL	
YOUR CHOICE OF SANDWICH FOR YO COUSINS SUBS BOX LUNCH Ham and provolone	DUR

Send completed registration and \$5.00 to:

WCCC c/o ADRC of Washington County 333 E Washington St, Ste 1000 West Bend WI 53095 (262)335-4497