

## 2023 Family Care (FC) and Partnership (FCP)

### Clinical Performance Improvement Project/Chronic Care Improvement Project

REDUCE THE BLOOD PRESSURE VALUES OF MY CHOICE WISCONSIN FC AND FCP MEMBERS WITH HYPERTENSION AND DIABETES THROUGH MEDICATION THERAPY

#### *Project Plan & Results:*

- ✓ *Increased condition awareness through targeted education including use of an informational resource on medications that support blood pressure control and the MCW Diabetes and Hypertension Clinical Practice Guidelines*
- ✓ *Partnered with members medical providers on benefit of medication to support blood pressure control*
  - **MET** - More members with high blood pressure utilize medication therapy for blood pressure control. Results were 10% over project goal!
- ✓ *Encouraged member empowerment through health monitoring and provider relationship*
- ✓ *Increased blood pressure control of members with both conditions*
  - **UNMET** - Project did not reach this goal of lowering the % of members with high blood pressure.

Year Two of the project developed a valuable training on medication therapy for HTN + DM, as well as developed staff and member resources, including a resource used to support the member – physician – care team relationship. The project also gathered beneficial health equity data to provide increased awareness to MCW clinical staff and support MCW FC and FCP members regarding health disparities and chronic conditions.

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*Each year a project is chosen to improve the lives of our members and the care they receive. These projects are approved by the WI Department of Health Services and reviewed by a third-party external quality organization. Results are reported to the State of Wisconsin. This project ran for two years; 2022-2023.*

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