

My Choice Wisconsin Inc.

2024 Clinical Practice Guidelines

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee.

Clinical guidelines are not used by My Choice Wisconsin to decide benefit coverage. The guidelines are an educational tool to aid clinical decision-making. They are not a standard of care. The physician should adapt the guideline when clinical judgment so indicates.

Acute Stress and Post-Traumatic Stress Disorder (PTSD)

My Choice Wisconsin has adopted the guideline for Acute Stress and Post-Traumatic Stress Disorder from the Department of Veterans Affairs & Department of Defense.

The Clinical Practice Guideline may be accessed at:

<https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Anxiety/Panic Disorder

My Choice Wisconsin has adopted the guideline for Anxiety/Panic Disorder from the American Academy of Clinical Psychiatrists.

The Clinical Practice Guideline may be accessed at:

<https://www.aacp.com/wp-content/uploads/2021/02/0221-ACP-Ziffa.pdf>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Asthma

My Choice Wisconsin has adopted the Guidelines for the Diagnosis and Management of Asthma (EPR-3) from the National Institute of Health (NIH): National Heart, Lung, and Blood Institute (NHLBI).

The Clinical Practice Guideline may be accessed at:

<http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Attention Deficit Hyperactivity Disorder (ADHD)

My Choice Wisconsin has adopted the Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit Hyperactivity Disorder in Children and Adolescents from the Journal of the American Academy of Pediatrics (AAP).

The Clinical Practice Guideline may be accessed at:

<https://pediatrics.aappublications.org/content/pediatrics/144/4/e20192528.full.pdf>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Autism

My Choice Wisconsin has adopted the guideline for Autism from the American Academy of Pediatrics.

The Clinical Practice Guideline may be accessed at:

<https://publications.aap.org/pediatrics/article/145/1/e20193447/36917/Identification-Evaluation-and-Management-of?autologincheck=redirected#sec-8>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Bipolar Disorder

My Choice Wisconsin has adopted the guideline for Bipolar Disorder from the American Psychiatric Association.

The Clinical Practice Guideline may be accessed at:

https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/bipolar.pdf

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Chronic Kidney Disease

My Choice Wisconsin has adopted the Evaluation and Management of Chronic Kidney Disease Guideline from the National Kidney Foundation, Kidney Disease Outcome Quality Initiative (NKF KDOQI).

The Clinical Practice Guideline may be accessed at:

https://www.kidney.org/professionals/guidelines/guidelines_commentaries

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Chronic Obstructive Pulmonary Disease

My Choice Wisconsin adopted the Global Strategy for Diagnosis, Management, and Prevention of COPD from the Global Initiative for Chronic Obstructive Lung Disease (GOLD).

The Clinical Practice Guideline may be accessed at: https://goldcopd.org/wp-content/uploads/2019/12/GOLD-2020-FINAL-ver1.2-03Dec19_WMV.pdf

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Depression

My Choice Wisconsin has adopted the Treatment of Patients with Major Depressive Disorder with the Guideline from the American Psychiatric Association (APA).

The Clinical Practice Guideline may be accessed at:
<https://www.psychiatry.org/psychiatrists/practice/clinical-practice-guidelines>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Diabetes

My Choice Wisconsin has adopted the guideline for Diabetes from the American Diabetes Association (ADA).

The Clinical Practice Guideline may be accessed at:
<http://www.diabetes.org/>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Heart Failure in Adults

My Choice Wisconsin has adopted the Guideline for the Management of Heart Failure from the American College of Cardiology (ACA).

The Clinical Practice Guideline may be accessed at:
<https://www.jacc.org/doi/10.1016/j.jacc.2021.12.012>

You may also visit the web site below for more information.

American College of Cardiology: <http://www.acc.org/>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Homelessness- Special Health Care Needs

My Choice Wisconsin has adopted the Guideline for the Management of Homelessness- Special Health Care Needs from the National Health Care for the Homeless Council.

The Clinical Practice Guideline may be accessed at:
<https://nhchc.org/wp-content/uploads/2019/08/GenRecsHomeless2010-1.pdf>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome (HIV/AIDS)

My Choice Wisconsin has adopted several guidelines from the Department of Health and Human Services, the National Institute of Health's Office of AIDS Research, and the National Center of Biotechnology Information.

The Clinical Practice Guidelines may be accessed at:

<https://clinicalinfo.hiv.gov/sites/default/files/guidelines/documents/adult-adolescent-arv/guidelines-adult-adolescent-arv.pdf>

<https://clinicalinfo.hiv.gov/en/guidelines>

<https://www.ncbi.nlm.nih.gov/books/NBK534860/>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in September 2024 and adopted by My Choice Wisconsin on October 23, 2024.

Hypertension

My Choice Wisconsin has adopted the Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults from the American College of Cardiology.

The Clinical Practice Guideline may be accessed at:

https://www.jacc.org/doi/full/10.1016/j.jacc.2017.11.006?_ga=2.176976865.553150704.1550539575-1607157456.1550539575

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Obesity

My Choice Wisconsin has adopted the Guidelines for the Comprehensive Medical Care of Patients with Obesity from the American Association of Clinical Endocrinologists (AACE).

The Clinical Practice Guideline may be accessed at:

<https://journals.aace.com/doi/pdf/10.4158/EP161365.GL>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Opioid Management

My Choice Wisconsin has adopted the Use of Medications in the Treatment of Addiction Involving Opioid Use Guideline from the American Society of Addiction Medicine (ASAM).

The Clinical Practice Guideline may be accessed at: https://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-nationalpractice-guideline-pocketguide.pdf?sfvrsn=35ee6fc2_0

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

My Choice Wisconsin has adopted the CDC Guideline for Prescribing Opioids for Chronic Pain from the Centers for Disease Control and Prevention.

The Clinical Practice Guideline may be accessed at:
<https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6501e1er.pdf>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Perinatal Care

My Choice Wisconsin has adopted the Guidelines for Perinatal Care from the American College of Obstetricians and Gynecologists.

The Clinical Practice Guideline may be accessed at: <https://www.acog.org/> Guidelines can be reviewed by ACOG members only using a secure password.

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Pregnancy Management

My Choice Wisconsin has adopted the Guidelines for Routine Prenatal and Postnatal Care from Michigan Quality Improvement Consortium.

The Clinical Practice Guideline may be accessed at:
http://mqic.org/pdf/mqic_routine_prenatal_and_postnatal_care_cpg.pdf

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Schizophrenia

My Choice Wisconsin has adopted the Guidelines for Schizophrenia from the American Psychiatric Association.

The Clinical Practice Guideline may be accessed at:
<https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890424841>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Sickle Cell Disease

My Choice Wisconsin has adopted the Management of Sickle Cell Disease Guideline from the National Heart, Lung, and Blood Institute (NHLBI).

The Clinical Practice Guideline may be accessed at:

https://www.nhlbi.nih.gov/sites/default/files/media/docs/sickle-cell-disease-report%20020816_0.pdf

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Substance Abuse Treatment

My Choice Wisconsin has adopted the Guidelines for Detoxification and Substance Abuse Treatment from the Substance Abuse and Mental Health Services Administration (SAMHSA).

The Clinical Practice Guideline may be accessed at:

<https://store.samhsa.gov/product/TIP-45-Detoxification-and-Substance-Abuse-Treatment/SMA15-4131>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Suicide Risk

My Choice Wisconsin has adopted the Guidelines for Suicide Risk from the Department of Veterans Affairs & Department of Defense.

The Clinical Practice Guideline may be accessed at:

<https://www.healthquality.va.gov/guidelines/MH/srb/VADoDSuicideRiskFullCPGFinal5088212019.pdf>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.

Trauma-Informed Primary Care

My Choice Wisconsin has adopted the Guidelines for Trauma-Informed Primary Care from the National Council for Mental Wellbeing.

The Clinical Practice Guideline may be accessed at:

<https://www.thenationalcouncil.org/resources/fostering-resilience-and-recovery/>

The guidelines were reviewed and adopted by the Healthcare National Quality Improvement Committee in April 2024 and adopted by My Choice Wisconsin on July 24, 2024.